



UNIVERSITY OF  
HOHENHEIM

Faculty of  
Natural Sciences

February 06, 2025 | 2:15 p.m. | lecture hall 17

# Dietary Supplements in Health and Disease

Dietary supplements are widely available, often with exaggerated claims. However, evidence supports their benefits in specific diseases and populations. This talk explores the therapeutic use of vitamin E in metabolic dysfunction-associated steatotic liver disease (MASLD), focusing on the molecular mechanism of hepatic lipid reduction. It also examines how dietary supplements are used during lactation and how this varies across different dietary patterns. Finally, the accuracy of AI chatbots for supplement-specific information will be discussed.



## **Dr. Maren Podszun**

is part of the Food Biofunctionality Department. She is currently working on her Habilitation. In this presentation, Mrs Podszun introduces herself and the status of her research in the faculty.

**INVITATION  
TO THE  
PRESENTATION  
LECTURE**